

# UPCOMING EVENTS

## Facility Closures and Upcoming Hour Changes

The Y will be closed Sunday, May 26 and Monday, May 27 for Memorial Day  
Summer hours begin Memorial Day weekend through Labor Day - we will be closed on Sundays and will close at 4pm on Saturdays.

## Preschool Open Houses

**Martinsville Open House: Tuesday, May 7 from 5:30-7pm at YMCA**  
**Mooresville Open House: Thursday, May 9 from 5:30-7pm at First Christian Church**  
**Monrovia Open House: Date and Time Coming Soon**

Join us for an opportunity to meet our staff, see our preschool locations and register your child for preschool!

## May Parent Cafe - May Flowers

**Tuesday, May 21 at 5:30pm at League of Miracles - 7101 Landersdale Rd, Camby**  
The YMCA will be hosting a May Flowers themed Parent Cafe. We invite you to come enjoy dinner and conversation with other parents in our community. We will spend time talking about the joys and challenges of parenthood. Childcare is provided.

## May Morgan in Motion 5K

**Wednesday, May 29 at 6pm - Jimmy Nash Park**  
Join us for this monthly 5K series from April to October. We will be at different locations around Morgan County each month! Thank you to IU Health Morgan for sponsoring this event!

## Annual Golf Outing

Save the date! Our annual golf outing will be on August 21st at Foxcliff Golf Club.

## Thank you to our Platinum Sponsors!

These organizations make all of our events possible! Contact Dave Nash if you'd like to be a Platinum Sponsor!



## YOUTH DEVELOPMENT

### Summer Camp

Registration for summer camp is officially open! Get ready for a summer full of fun for your children!! Summer Camp and Adventure Camp (*space limited!!*) will start on May 28. If you pay for the entire summer by May 22, you will receive 10% off the total cost of camp for the summer. Visit us online or at the membership desk to sign up today!

### Y's Owl Preschool

We're thrilled to announce the expansion of our Y's Owl Preschool Program. We will be adding a second location in Mooresville and a third location in Monrovia! Enroll your 3-5 year olds today for an educational program filled with joy and discovery! Contact our Preschool Director, Kim Mras for more information!

## Discover the difference you can make with a YMCA Career

At the Y, not only will you discover the difference you can make in the lives of others, but you'll also discover that working for the Y is more than just a job.

### Available Positions:

- Maintenance
- Summer Camp Counselor
- Membership Representative
- Lifeguard
- Preschool Site Director
- Preschool Aids

APPLY TODAY



MAY  
2024

## Contact Us

### YMCA of Morgan County

2039 E Morgan Street  
Martinsville, IN 46151

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Facebook  
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Instagram  
[@ymcamorgancounty](https://www.instagram.com/ymcamorgancounty)

### Hours of Operation

**Mon - Thurs:**

6:00am - 9:00pm

**Friday:**

6:00am - 6:00pm

**Saturday:**

8:00am - 6:00pm

**Sunday:**

12:00pm - 4:00pm



## MEMBERSHIP PERKS

- Full access to the fitness center, pool, gym and classes.
- Free participation in wellness center orientations
- Access to 40+ **free** land and water group exercise classes
- Discounted rates on family programs, youth and adult sports, swim lessons, day camps and other YMCA activities/events
- Access to free child watch for your children on your membership while you are exercising
  - *Child Watch is available from 9am-noon (M-F) and 5-8pm (M-Th)*
- Access to 5 guest passes to share our Y with others throughout the year
- Invitations to Membership Appreciation Events
- Priority registration on YMCA programs
- Discounts on building rentals
  - *Members can rent out the building for 2 hours on the weekend after we close for \$150. With a rental, you'll get access to the pool, lobby and gymnasium.*
- Community of individuals who have the same wellness goals



## SOCIAL RESPONSIBILITY

### Financial & Career Coaching

Work with our Community Needs Coordinators to build a resume, practice interview skills, create a family budget, set a financial goal and steps to achieve it.

### Community Table

Free Homemade Dinners Thursdays 6-7 pm; Drive Thru distribution at First Christian Church of Morgantown

### Parent Café

Connect with parents of all types by sharing stories, experiences, worries, fears, wisdom, and find community & strength together.

**The May Parent Café is on Tuesday, May 21 at 5:30 pm at League of Miracles.**

### Invest in Youth Annual Campaign

Helps youth in need pay for preschool, camp, out of school care, and sports. Can you help?

## HEALTHY LIVING

### MOSSA Group Power

Using an adjustable barbell, weight plates, and body weight, Group Power combines squats, lunges, presses, and curls with functional integrated exercises

### Mooreville Fitness Classes @ One Place at Life Pointe Church in Mooreville

Mondays & Fridays 10 AM Strength & Cardio, Yoga Stretch last Friday monthly at 9 AM

### Virtual Classes Looking for at-home workout variety?

YMCA360 is free with your membership and available on your phone, computer, or TV. Visits [YMCA360.org](https://www.ymca360.org) to start!

### Pickleball

Combining elements of badminton, tennis and ping-pong.

### Corporate Memberships

Health and fitness benefit the employer with reduced health care costs, increased productivity & decreased absenteeism.

### Beginner Yoga

Beginner yoga is a slow-paced stretching class with some simple breathing exercises. This is a good class to learn relaxation techniques and beginner poses to get comfortable with yoga.

### Line Dancing Classes

We will be offering a free line dancing classes on Thursday evenings at 6pm from May to August. The location will alternate every other week between the Mooreville Library and the YMCA. The class begins on May 2 at the Mooreville Library.

