

FOR YOUTH DEVELOPMENT



Y's Owl Preschool

The Y offers whole child development within a safe and nurturing environment for ages 3-5. Full and half day rates available.

Enroll now for the 2023-2024 school year. Now in Martinsville & Mooresville!

Gym and Swim

Physical education opportunities specifically for those families who choose to educate their children at home.

Before & After School Programs

Programs to meet the needs of children and parents to supplement education, and physical, emotional, & spiritual growth.

Swimming Lessons

All ages-from infants to seniors-can learn to swim.

Summer Camp

Day Camp for preschool and up, at Adventure Camp, YMCA Camp and Preschool Camp.

FOR SOCIAL RESPONSIBILITY

Financial & Career Coaching

Build a resume and practice interview skills, Create a family budget, Set a financial goal and steps to achieve it.



Community Table

Free Homemade Dinners

Thursdays 6-7 pm; Drive thru distribution at First Christian Church of Morgantown

Promise Indiana Morgan County

helps build hope and a 529 plan for youth.

Massage Therapy with Samantha

- Assisted Stretching
 - Deep Tissue
 - Myofascial Release
 - Prenatal
 - Sports
 - Trigger Point Therapy
 - Swedish
- Mondays & Wednesday 5-8pm**
30, 60, or 90 minute appointments
Register at the membership desk

SPORTS HIGHLIGHTS



T Ball

Ages 3-5 by June 5th

Registration through May 18th



Summer Y Ball

Grades 9-12 for 22-23 school year

Registration May 12th-26th

FOR HEALTHY LIVING



SAVE THE DATE

The annual YMCA of Morgan County Golf Outing will be Wednesday, August 23rd at Fox Cliff Golf Club.

Walk with Ease

This 6 week program developed by the Arthritis Foundation meets 3x a week short walk & educational session. **M/W/F at 12:15pm May 1-June 9**



MOSSA Group Power Using an adjustable barbell, weight plates, and body weight, Group Power combines squats, lunges, presses, and curls with functional integrated exercises

Mooresville Fitness Classes @ One Place at Life Pointe Church in Mooresville Mondays & Fridays 9 AM MOSSA Group Power, 10 AM Strength & Cardio, Yoga Stretch last Friday monthly at 9 AM

Virtual Classes Looking for at-home workout variety? Y Classes while you're traveling? YMCA360 is free with your membership and available on your phone, computer, or TV. Visits YMCA360.org to start!

Blood Pressure Self Monitoring Program

This 4 month program will include self monitoring, bimonthly personalized consultations, and education seminars. More info coming soon!

Pickleball

Combining elements of badminton, tennis and ping-pong. M, T, TH, F, Sa 9:30-Noon W 11:30-1

Corporate Memberships

Health and fitness benefit the employer with reduced health care costs, increased productivity & decreased absenteeism. Contact Emily at emily@bbjymca.org for more info.



Discover the difference you can make with a YMCA Career

At the Y, not only will you discover the difference you can make in the lives of others, but you'll also discover that working for the Y is more than just a job.

Scan here to join our team!



Membership Representative
Child Watch Team Member
After-school Program Aide
PreK Lead Teacher & Site Coordinator
Preschool Teacher's Aide (AM & PM openings)

Lifeguard
Camp Counselor
Housekeeping

More info and registrations for programs visit ymcamorgancounty.org