

FEBRUARY NEWS



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

STRENGTHENING COMMUNITY IS OUR CAUSE

February 2023

Achieve your spirit, mind and body goals in 2023 at the YMCA of Morgan County



Try a Sport or Fitness Class

Adult or Youth sports including: Volleyball, Soccer and Basketball. Land or water fitness classes including MOSSA, BOOM-Move, Muscle and Mind and Aqua Fit. Virtual classes for anywhere free with your membership at YMCA360.org

Get your finances in shape with Financial or Career Coaching

Help creating and managing budgets, making a debt reduction plan or increasing your income through exploring skills advancement training.

Volunteer or Work at the Y

Work with youth, help feed neighbors, earn extra money to meet your financial goals. How can your skills help you give back to the community?

Join the RESET Challenge

A FREE 21 day community challenge starting **February 13th!** Our goal is simple; YOU CHOOSE your next healthy habit and we give you the tools and motivation to help that new habit stick. Weekly BINGO prizes and national grand prize. **Text RESET to 844-889-6222**



GOOD FRIDAY BREAKFAST

SAVE THE DATE!

YMCA of Morgan County
Good Friday Breakfast
Friday, April 7, 2023
7:30-8:45am



SUMMER CAMP 2023
Registration is now open
Expect Awesome Adventures!



PARENTS' NIGHT OUT
Fridays 6-10pm
Feb 10th, March 3rd, April 14th
Register online or by phone

CONTACT US

YMCA OF MORGAN COUNTY

2039 E. Morgan St.,
Martinsville, IN

Hours Mon-Thu 6am-9pm;
Fri 6am-6pm; Sat 8am-6pm;
Sun Noon-4pm

Child Watch Hours
Mon-Fri 9am-Noon;
Mon-Thurs 5pm-8pm

Phone 765-342-6688

Fax 765-342-9670

Email
info@bbjymca.org

Website
ymcamorgancounty.org

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