## FOR YOUTH DEVELOPMENT



THE ONLY SCREEN THEY'LL NEED THIS SUMMER IS

#### **Summer Camp**

Day Camp for preschool and up at Adventure Camp, YMCA Camp and Preschool Camp.

May 31-August 5th weekly rates

# **SUN SCREEN.**



#### **Swimming Lessons**

All ages-from infants to seniors-can learn to swim.

Sessions starting: June 11th and July 12th

#### **Gym and Swim**

Physical education opportunities specifically for those families who choose to educate their children at home.

Register now for the 2022-2023 school year.

#### **Before & After School Programs**

Programs to meet the needs of children and parents to supplement education, and physical, emotional, & spiritual growth.

Register now for the 2022-2023 school year.

#### Y's Owl Preschool

Whole child development within a safe and nurturing environment. Extended care available.

Register now for the 2022-2023 school year.

# Discover the difference you can make with a YMCA Career

At the Y, not only will you discover the difference you can make in the lives of others, but you'll also discover that working for the Y is more than just a job. Scan here to join our team!



After-school Program Aide Membership Representative Child Watch Team Member Preschool Teacher's Aide Lifeguard Camp Counselor

# FOR SOCIAL RESPONSIBILITY

#### **Financial & Career Coaching**

Build a resume and practice interview skills, Create a family budget, Set a financial goal and steps to achieve it.

#### **Community Table**

Free Homemade Dinners Thursdays 6-7 pm; Drive thru distribution at First Christian Church of Morgantown

**Promise Indiana Morgan County** helps build hope and a 529 plan for youth.

**Volunteer Opportunities** 

When you volunteer at the Y, you provide leadership and talent vital to empowering people and communities to learn, grow and thrive.

## FOR HEALTHY LIVING

#### **MOSSA Group Power**

Using an adjustable barbell, weight plates, and body weight, Group Power combines squats, lunges, presses, and curls with functional integrated exercises



Free with your membership @ Y MWF 9:30am, TuTh 5 pm @ One Place MF 9 am

#### **MADE-Morgan Adult Diet and Exercise**

A free 8-week program presented by BBJYMCA and IU Health Morgan, focusing on a healthy spirit, mind and body.

#### **Morgan In Motion**

Join us the last Wednesday of each month for a free, family 5K run/walk. June 29th at 6 PM at Waverly Park.

#### **Mooresville Fitness Classes**

@ One Place at Life Pointe Church 825 N. Indiana St., Mooresville Mondays & Fridays 9:00 AM MOSSA Group Power, 10:00 Strength & Cardio

#### Virtual Classes

Looking for at-home workout variety? Y Classes while you're traveling? YMCA360 is free with your membership.

#### **Pickleball**

Combining elements of badminton, tennis and ping-pong.

#### **Corporate Memberships**

Health and fitness benefit the employer with reduced health care costs, increased productivity and decreased absenteeism.





# SPORTS HIGHLIGHTS YOUTH Sports

FALL SOCCER Registration 7-5 through 7-29



**ADULT Sports ESPORTS** 

Registration through 7-4

Super Smash Bros Ultimate Rocket League

Register for Esports