MAY NEWS



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

STRENGTHENING COMMUNITY IS OUR CAUSE

May 2022

SUMMER SAFETY with the YMCA OF MORGAN COUNTY

Stay safe this summer with these Summer Safety Tips:

www.wakehealth.edu/stories/5-simple-summer-safety-tips

· Practice Summer Heat Safety

Stay hydrated

Don't leave pets or children in the car unattended Check your medications for interactions with sun or heat

Stay Safe Around Water

Don't leave children unattended near water Wear a life jacket

Protect Your Skin Against Sunburn

Apply and reapply sunscreen as directed on the package

Protect yourself from bugs and poisonous plants
Spray with an insect repellent containing DEET
Watch bug bites closely, seek a doctor if a reaction occurs
Scan outdoor recreation and play areas for harmful plants

Have a safe, fun summer!

Give ymcamorgancounty.org/get-involved/give-now/ **Join** ymcamorgancounty.org/membership/join-now/ **Volunteer** ymcamorgancounty.org/get-involved/volunteer/





We'll run/walk local parks and scenic locations all over Morgan County. This is a free community event.

Join us the last Wednesday of each month for the 5k run/walk.

May 25 Burkhart Creek Park June 29 Waverly Park July 27 Jimmy Nash Park August 31 Pioneer Park September 28 Location TBA October 26 Location TBA

Thank you to the 2022 Sponsors







CLOSED for MEMORIAL DAY SUNDAY MAY 29TH MONDAY MAY 30TH

Summer hours begin June 1st

Monday-Thursday 6 am - 9 pm Friday 6 am - 6 pm Saturday 8 am - 6 pm

FIND YOUR FUN. FIND YOUR SUNSHINE. FIND YOUR Y.

CONTACT US

YMCA OF MORGAN COUNTY

2039 E. Morgan St., Martinsville, IN **Hours** Mon-Thu 6am-9pm; Fri 6am-6pm; Sat 8am-6pm; Sun Noon-4pm

Child Watch Hours

Mon-Fri 9am-Noon; Mon-Thurs 5pm-8pm **Phone** 765-342-6688 **Fax** 765-342-9670

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ymcamorgancounty.org

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