

FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

FREE GRAB & GO MEALS

BARBARA B. JORDAN YMCA

Fast-easy meals for your busy evenings.

Monday thru Friday 4:00 pm - 6:00 pm



Bring back family dinners.

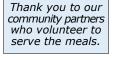
Family-style meals such as: Taco Beef and Rice, Beef Stew, Spaghetti with Meat Sauce, Creamy Ranch Penne, Barbecue Pork Mac and Chicken Pasta Salad. (each meal serves 2-4)



St Vincent DePaul Society of St Martin of Tours Catholic Church



Martinsville Kiwanis



CHURCHES IN MISSION

Churches in Mission



First Christian Church of Morgantown



Meals are being provided by a partnership with **Second Helpings**.

Transforming Lives through the Power of Food.

Since 1998, Second Helpings has accepted donated perishable and overstocked food to prepare nutritious meals for thousands every day, and distributes them free of charge through local social service



agencies in Greater Indianapolis. Second Helpings also trains unemployed and underemployed adults for meaningful careers in the culinary industry.