



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

FREE GRAB & GO MEALS

BARBARA B. JORDAN YMCA

Fast-easy meals for your busy evenings.

**Monday thru Friday
4:00 pm - 6:00 pm**



Bring back family dinners.

*Family-style meals such as:
Taco Beef and Rice, Beef Stew, Spaghetti
with Meat Sauce, Creamy Ranch Penne,
Barbecue Pork Mac and Chicken Pasta Salad.
(each meal serves 2-4)*



*Thank you to our
community partners
who volunteer to
serve the meals.*



**ST MARTIN
TOURS**
CATHOLIC CHURCH

St Vincent DePaul Society
of St Martin of Tours Catholic Church

**CHURCHES IN
MISSION**

Churches in Mission



Martinsville Kiwanis



First Christian Church
of Morgantown

Meals are being provided by a partnership with
Second Helpings.

Transforming Lives through the Power of Food.

Since 1998, Second Helpings has accepted donated perishable and overstocked food to prepare nutritious meals for thousands every day, and distributes them free of charge through local social service agencies in Greater Indianapolis. Second Helpings also trains unemployed and underemployed adults for meaningful careers in the culinary industry.

